



# Community Transformation Program

Scott County Health Department



## Workplace Wellness

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- Community Health Assessment and Group Evaluation (CHANGE) Tool
- Nutrition Environment Measures Survey-Vending (NEMS-V)
- Health promotion initiatives for staff
- Technical assistance in developing or strengthening wellness policies, and/or environmental changes to promote physical activity, healthy eating, tobacco-free, and chronic disease prevention



## Community Wellness

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- Community-At-Large CHANGE Tool
- Nutrition Environment Measures Survey - Restaurants (NEMS-R)
- Sidewalk Inventory & Walk Audits
- Technical assistance in developing or strengthening wellness policies, and/or environmental changes to promote physical activity, healthy eating, tobacco-free, and chronic disease prevention



## Supportive Community Coalitions

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- *Be Healthy QC* is a cross-sector community coalition that aims to increase the percentage of adults and children who are at a healthy weight by encouraging physical activity and healthy eating. For more information, visit [qchealthinitiative.org](http://qchealthinitiative.org).
- The *Food Rescue Partnership* is a Quad Cities coalition that promotes rescuing food for its best possible use. For more information, visit [foodrescueqc.org](http://foodrescueqc.org).
- The *Quad Cities HEARTSafe Coalition* aims to empower and increase bystander Hands-Only CPR through education and awareness. For more information, visit [qcheartsafe.org](http://qcheartsafe.org).

## Community Transformation Consultant



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