



Community Transformation Program

Scott County Health Department

Workplace Wellness



- Community Health Assessment aNd Group Evaluation (CHANGE) Tool
- Healthy vending machine assessment & promotion
- Technical assistance in developing or strengthening wellness policies and/or environmental changes to promote physical activity, healthy eating, tobacco and nicotine free, and chronic disease prevention

Community Wellness



- Community-At-Large CHANGE Tool
- Sidewalk inventory & walk audits
- Technical assistance in developing or strengthening wellness policies and/or environmental changes to promote physical activity, healthy eating, tobacco and nicotine free, and chronic disease prevention

Supportive Community Coalitions



- *Be Healthy QC* is a cross-sector community coalition that aims to increase the percentage of adults and children who are at a healthy weight by encouraging physical activity and healthy eating. For more information, visit qhealthinitiative.org.
- The *Bi-State Regional Trails Committee* facilitates communication, reviews, and coordinates project which impact trail development throughout the Quad Cities. For more information, visit bistateonline.org.
- The *Food Rescue Partnership* is a Quad Cities coalition that promotes rescuing food for its best possible use. For more information, visit foodrescueqc.org.
- The *Quad Cities HEARTSafe Coalition* aims to empower and increase bystander Hands-Only CPR through education and awareness. For more information, visit qcheartsafe.org.

Contact the **Community Transformation Consultant** to learn more.



563-326-8618



health@scottcountyiowa.gov